



AFTER YOUR FIRST APPOINTMENT

It is likely that your tooth and jaw will ache for a few days after treatment. We recommend that you avoid chewing on the tooth until treatment has been completed. If you experience sensitivity following any appointment, **Nurofen** may be taken which can be purchased without a prescription. We suggest you take 2 tablets every 6 hours. If the pain persists, please do not exceed this recommended dose.

Nurofen should not be taken if you suffer from **asthma, stomach ulcers, during pregnancy** or if you are **allergic to Aspirin**. Please read the instructions on the box carefully. If you are allergic to Nurofen, take Panadol or Panadeine. If you are unsure whether you can take this medication, please contact your family doctor.

Try applying ice on and off to the outside of your face opposite the tooth. Rinse with warm water and keep your head elevated. If discomfort lasts for more than a few days or if you have severe pain or swelling, call our surgery immediately. We will suggest medication or other steps to make you more comfortable. **Under no circumstances apply heat to the outside of your face.**

If you have had a local anaesthetic injection, particularly a mandibular block, which numbs the lower lip, we advise that eating and drinking hot liquids should be avoided until the numbness wears off. If you choose to eat or drink hot liquids while still numb, please take particular care as it is possible to lacerate the oral tissue inadvertently.

Temporary filling

A temporary filling is placed in your tooth between visits. Occasionally, this filling will come out, leak or part of the tooth break. **This is not an emergency**, but you should contact our office the following day to have the tooth checked.

After endodontic treatment

It is very important to schedule an appointment with your dentist after treatment at our office has been completed. Your tooth can last a lifetime, but only an adequate restoration can ensure this result. **A crown prepared by your dentist is often required.**

All teeth are different, circumstances, symptoms and treatments vary. Try to avoid comparing one experience with another and be assured that we will try to make your treatment as pleasant as possible.

Health funds

At your initial appointment, the details of your treatment, the time required, as well as the cost, would have been discussed with your endodontist. If you are covered by a private health fund, a portion of this will be claimable. Please contact your health fund for further information.

Our payment policy

Payment is required at the completion of each appointment. An itemised receipt will be issued upon payment. We welcome MasterCard, Visa, AMEX, EFTPOS and Cash.

If you are interested in third party payment plans, please speak to the reception team.

Please feel free to ask any additional questions that you may have. Your understanding and cooperation are a most important part of your treatment.

NORTH SHORE ENDODONTICS

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